

## Dinosaur Dip

Color some ranch dressing with green food coloring. Cut up some fresh broccoli and cauliflower. Pretend you are a diplodocus munching on tree-tops as you dip the broccoli and cauliflower into the dip!

## Graham Cracker Crumb Cups

Line up small paper cups and place 2-3 gummy fruit dinosaurs in each. Top with crumbled graham crackers and repeat. Once you have a few layers in each cup allow children to “excavate” their dinos and crunch away on the crumbs!

## Delicious Dino Eggs

Gently tap some cooled hard-boiled eggs until the shell is cracked, but do not take off the shell. In a small bowl stir together water and 1 envelope of bright unsweetened Kool Aid mix. Add cracked eggs to the Kool Aid water. Stretch plastic wrap over top, and let eggs absorb color in refrigerator for about 2 days before you peel and eat!

## Tacky Triceratops

Cut an apple in half and lay it on a plate, skin side up. Allow your child to dip 2 raisin “eyes” and 3 elbow macaroni “horns” in peanut butter and stick them on the apple to form a Triceratops head. Count to the horns together, and count on three fingers. Discuss how the prefix Tri and the number Three sound alike and how Triceratops with his 3 horns is like a tricycle with its 3 wheels. Make sure to remove the uncooked macaroni before your child takes their first bite!

# Supersaurus

## Snacks

### Bagel Stegosaurus

Makes 4 per bagel. Slice a bagel in half, then cut the pieces in half again so you have 4 half circles. Give each child a bagel part, to be the stegosaurus's body. Place on the plates so it is like an upside down U. Let the children use plastic knives to spread peanut butter, or cream cheese, all over the bagel. Let children arrange the strawberry slices on top of the stegosaurus's back to look like his plates. Arrange a carrot slice on one side to be the neck. Arrange a strawberry on the carrot to be the head. Eat!

### Swampy Dino Salad

Mix together 2 cups applesauce, 1/2 cup peanuts, 1/2 cup raisins, and 1/2 cup miniature marshmallows in a medium bowl. Tell child to search out the “herbivore dinosaur” nuts, marshmallows, and fruit hiding in the applesauce swamp from a fierce meat-eating dinosaur.

