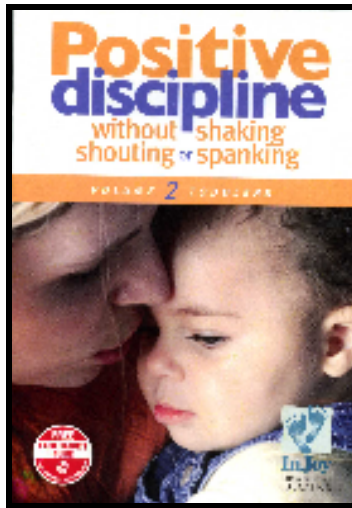
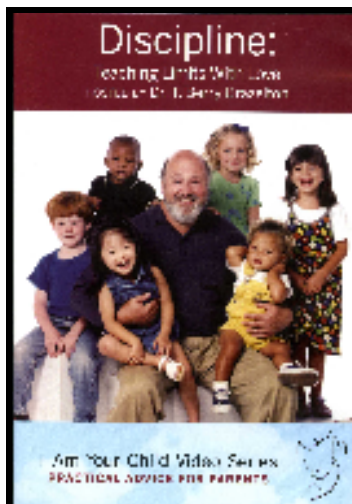


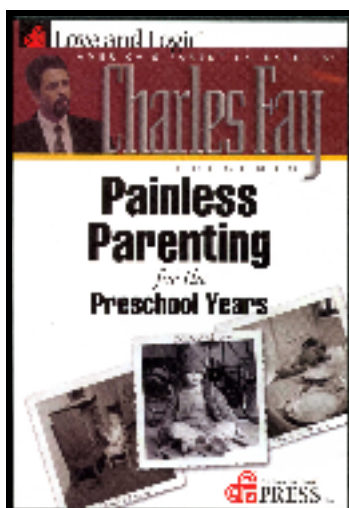
# Parenting Resources



This 3-part series addresses issues that parents face at particular stages of development with babies, toddlers, and preschoolers. Besides giving lots of developmental information, each scenario models techniques for helping children learn better self-control and appropriate social behaviors. Topics include: Crying, Setting Safe Limits, Mealtime Struggles, Biting, Defiance, Bedtime Battles, Aggression, and more.



This Dr. T. Berry Brazelton video is part of the *I Am Your Child* series developed by actor and director Rob Reiner and his wife Melissa to teach parents worldwide that impact of the first years of a child's life last forever. The focus of this DVD is why children need limits, how a firm, but gentle approach is the most effective way to establish limits, and how limits learned in early childhood lay a foundation for future behaviors.



The Love and Logic Institute's *Painless Parenting for the Preschool Years* teaches parents how to assess discipline dilemmas from a unique perspective. Dr. Charles Fay teaches parents key phrases and techniques designed to empower them to sidestep power struggles. Fay addresses everything from tantrums and disobedience to potty training with his unique sing-songy tonality and his mischievous assertion that devising the right method of discipline can just be plain fun.

Call 760-873-6453, or stop by our office at 568 W. Line St., to check out a DVD today!