



## **Inyo County HHS-Behavioral Health**

162~J Grove Street  
Bishop, CA 93514

Phone: **(760) 873-6533**

Fax: (760) 873-3277

TDD: 711

Toll-Free 24-hour Crisis Services

**1-800-841-5011**

Office Hours:

8:00 a.m. – 5:00 p.m.

Monday – Friday

**Patients' Rights Advocate**

(760) 873-6533



# **Inyo County Behavioral Health**

**Medi-Cal Services  
for Children and Young Adults**

**EARLY AND PERIODIC  
SCREENING, DIAGNOSTIC, AND  
TREATMENT  
(EPSDT)**



162 J Grove Street

Bishop, CA 93514

**Phone: (760) 873-6533**

**24-hour Crisis Services:**

Call 1-800-841-5011 or Dial 911

## **Medi-Cal Services for Children and Young People Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Mental Health Services**

This notice is for children and young people who qualify for Medi-Cal EPSDT services because they are under the age of 21 years. This notice is also for caregivers or guardians of children and young people who may qualify for EPSDT services.

Medi-Cal mental health services called Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) are available from county mental health departments.

This notice gives you information about EPSDT. You may also get information about EPSDT from your doctor, clinic, or county mental health department. The toll-free number of each California county mental health department is listed at the end of this notice.

### **What are Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Mental Health Services?**

EPSDT services are extra Medi-Cal services that you can get in addition to other Medi-Cal services. You must be under the age of 21 years and have full-scope Medi-Cal to receive these services.

EPSDT services improve medical and mental health problems that your doctor or other health care provider finds, even if the problem will not go away entirely.

San Bernardino County	1-888-743-1478
San Diego County	1-800-479-3339
San Francisco County	1-888-246-3333
San Joaquin County	1-888-468-8686
San Luis Obispo County	1-800-838-1381
San Mateo County	1-800-686-0101
Santa Barbara County	1-888-868-1649
Santa Clara County	1-800-704-0900
Santa Cruz County	1-800-952-2335
Shasta County	1-888-385-5201
Siskiyou County	1-800-842-8979
Solano County	1-800-547-0495
Sonoma County	1-800-746-8181
Stanislaus County	1-888-376-6246
Sutter-Yuba County	1-888-376-6246
Tehama County	1-800-240-3208
Trinity County	1-888-624-5820
Tulare County	1-800-320-1616
Tuolumne County	1-800-630-1130
Ventura County	1-866-998-2243
Yolo County	1-888-965-6647

### **How can I get EPSDT services for my child or, if I am under the age of 21, for myself?**

Ask your doctor or mental health clinic about EPSDT services. You may get these services if you and your doctor, other health care provider, or the county mental health department agree that you need them.

### **What types of services are included in the EPSDT program?**

EPSDT mental health services may correct or improve mental health problems. These mental health problems may be sadness, nervousness, or anger that make your life difficult.

Some of the services that you can get from the county mental health department include:

- Individual therapy
- Group therapy
- Family therapy
- Crisis Counseling
- Case management
- Special day programs
- Medications for mental health treatment
- Therapeutic Behavioral Services (TBS)

You can ask for counseling and therapy as often as once per week, or more if you think that you need it. You may be able to get these services in your home or in the community.

In most cases, the county mental health department, you, and your doctor or other health care provider, will decide if the services that you ask for are medically necessary. County mental health departments must approve your request for EPSDT services.

Contact your county mental health department for more information. The toll-free number of each California county mental health department is listed at the end of this notice.

### What are Therapeutic Behavioral Services (TBS)?

TBS is a type of mental health service available to you if you have serious emotional problems and are already receiving other mental health services. You may be able to get TBS if you have full-scope Medi-Cal, are under 21 years old, AND

- Have serious emotional problems, AND
- Live in a group home for children and young people with very serious emotional problems [These group homes are sometimes called Rate Classification Level (RCL) 12, 13, or 14, group homes.]; OR
- Are at risk of having to live in a group home (RCL 12, 13, or 14), a mental health hospital, a nursing facility that specializes in mental health treatment, or a Mental Health Rehabilitation Center (also called institutions for mental diseases); OR
- Have been hospitalized, within the last 2 years, for emergency mental health problems.

Kern County	1-800-991-5272
Kings County	1-800-655-2553
Lake County	1-800-900-2075
Lassen County	1-888-530-8686
Los Angeles County	1-800-854-7771
Madera County	1-888-275-9779
Marin County	1-888-818-1115
Mariposa County	1-888-974-3574
Mendocino County	1-800-555-5906
Merced County	1-888-334-0163
Modoc County	1-800-699-4880
Mono County	1-800-687-1101 (business hours)
	1-800-841-5011 (after hours)
Monterey County	1-888-258-6029
Napa County	1-800-648-8650
Nevada County	1-888-801-1437
Orange County	1-800-723-8641
Placer County	1-888-886-5401
Plumas County	1-800-757-7898
Riverside County	1-800-706-7500
Sacramento County	1-888-881-4881
San Benito County	1-888-636-4020

## County Mental Health Departments Toll-Free Numbers

*Note: For Yuba County see Sutter/Yuba Bi-County;  
For Sierra County see Placer County*

Alameda County	1-800-491-9099
Alpine County	1-800-486-2163
Amador County	1-888-310-6555
Butte County	1-800-334-6622
Calaveras County	1-800-499-3030
Colusa County	1-888-793-6580 (business hours )
	1-800-700-3577 (after hours)
Contra Costa County	1-888-678-7277
Del Norte County	1-888-446-4408
El Dorado County	1-800-929-1955
Fresno County	1-800-654-3937
Glenn County	1-800-500-6582 (business hours )
	1-800-507-3530 (after hours)
Humboldt County	1-888-849-5728
Imperial County	1-800-817-5292
<b>Inyo County</b>	<b>1-800-841-5011</b>

If you are living at home, the TBS staff person can work one-to-one with you to reduce severe behavior problems to try to keep you from needing to go to a higher level of care, such as a group home for children and young people with very serious emotional problems.

If you are living in a group home for children and young people with very serious emotional problems, a TBS staff person can work with you so you may be able to move to a lower level of care, such as a foster home or back home.

Contact your county mental health department for more information. The toll-free number of each California county mental health department is listed at the end of this notice.

### Who can I talk to about EPSDT mental health services?

If you think you, or your child, may need EPSDT services, ask your doctor, psychologist, counselor, or social worker about EPSDT mental health services. You may also contact the county mental health department and request an assessment for services. The toll-free number of each California county mental health department is listed at the end of this notice.

If you, or your child, are in a group home or residential facility, you may ask the staff about EPSDT services. If you, or your child, are in a foster home, you can also ask your court-appointed attorney.

### **Who decides whether or not I need EPSDT services, and where and when I can get it?**

As noted above, the county mental health department decides if you need EPSDT mental health services, including TBS. Usually a county mental health department staff person will meet with you, your family, caregiver, guardian, and/or others who are important in your life, and will make a Plan for all the mental health services that you need.

Determining if you need EPSDT mental health services may take one or two face-to-face meetings with a mental health staff person; sometimes additional meetings are needed.

If the county mental health department decides that you need EPSDT services, you will be notified.

### **What if the county mental health department doesn't approve EPSDT services, but I disagree?**

If the county mental health department doesn't approve EPSDT mental health service, but you, your family, caregiver, or guardian disagree with the decision, you can file an **appeal** with the county mental health department. Call the county mental health department's toll free number for more information and help. The toll-free numbers are listed at the end of this notice.

You may also call the county Patient's Rights Advocate at

(707) 487-5305, or the State Mental Health Beneficiary Support Unit at 1-800-896-4042 or TTY 1-800-896-2512.

Protection & Advocacy, Inc. is also available to assist with complaints, appeals, and grievances at 1-800-776-5746 or [www.pai-ca.org](http://www.pai-ca.org).