

# Join us during Positive Parenting Awareness Month!



## 5 Brain Building Steps

### Hosted by Exceptional Family Early Start Resource Center

Exceptional Family Resource Center will be providing helpful tools on how to have positive and successful Serve and Return Adult-Child Relationships. During this workshop EFC will also be providing information on the consequences of neglect and what can happen to a child's developmental growth when needs are not properly met.

- ◇ 5 Serve and Return Steps for healthy learning and growth
- ◇ Learn the proper responsive and attentive interactions that help your child.
- ◇ How to build a strong foundation
- ◇ The positives of having communication and interaction.
- ◇ The negative affect on a child's growth without serve and return experiences.

Please join us at Inyo County Office of Education : Located at 166 Grandview Drive Bishop Ca . Workshop will be taking place in the " Great Room" Please look for the double doors.

- ◇ Sunday January 5th, 2020 2:00pm to 3:00pm
- ◇ Doors open at 2:00pm start time at 2:15pm
- ◇ Informational handouts provided
- ◇ Light snacks included

For more information or if you would like to RSVP please contact Exceptional Family Early Start Resource Center Specialist Marcella Frankson at 760-873-4373 ext. 103 or by email [m.frankson@kernefc.org](mailto:m.frankson@kernefc.org)