

Raising children and youth to become healthy, confident, capable individuals is the most important job parents and caregivers have.

Look for parenting “Super Stars” at your local businesses or join the following events to celebrate Positive Parenting Awareness Month:

January 2020

Positive Parenting Awareness Month

EVENT SCHEDULE

- 2. THU** **FATHERHOOD & MOTHERHOOD IS SACRED—Bishop**
*A 12 session course that offers participants the opportunity to gain a deeper understanding of heritage and the importance of responsible parenting as reflected in Native American values and beliefs. For more info, contact Victoria De La Riva at 760-872-2115
- 5. SUN** **BRAIN BUILDING WORKSHOP—Bishop**
*Learn about the 5 brain building steps in infants and children, and how meaningful communication can help them develop to their fullest potential. Available in English and Spanish! For more info, contact Marcella Frankson at 760-873-4373 ext. 103
- 7. TUE** **POSITIVE PARENTING MONTH PROCLAMATION—Independence**
*Join the Inyo County Board of Supervisors in proclaiming January as Positive Parenting Awareness Month at their Tuesday meeting in Independence. For more info, contact Serena Johnson at 760-873-6453
- 8. WED** **ONCE UPON A STORYTIME—Lone Pine**
*Join Inyo County First 5 for Storytime. This month: Green Eggs and Ham. Bring your kids and participate in a book themed craft and toy raffle. For more info, contact Barbara Keller at 760-873-4159
- 14. TUE** **TRIPLE P “MEET & GREET”—Tecopa**
*An Introduction to the Triple P Parenting Program. Come find out how this course can help your family be happier and stronger than ever. Offered at various locations and times. For more info, contact Shelley Scott at 760-852-4264
- 15. WED** **TRIPLE P 0-12 GROUP—Bishop**
*An 8 week parenting course for families interested in gaining an in-depth understanding of Positive Parenting and learning a variety of parenting strategies for a range of ages and behaviors. For more info, contact Danielle Rose at 760-873-9222
- 17. FRI** **MOM’S NIGHT OUT (Communication Workshop)—Bishop**
*This 8-week course for moms focuses on learning about communication and strategies to use when co-parenting with dad. Come and enjoying dinner and the support of your peers. For more info, contact Melissa Ruiz at 760-872-2301
- 21. TUE** **ONCE UPON A STORYTIME—Bishop**
*Join Inyo County First 5 for Storytime. This month: Green Eggs and Ham. Bring your kids and participate in a book themed craft, music and toy raffle. For more info, contact Barbara Keller at 760-873-4159
- 23. THU** **PARENT CAFÉ—Bishop**
*A series of group discussions that allow parents to engage in positive conversations, and teach them how to support their families social-emotional development, while the kids enjoy activities. Dinner will be provided. For more info, contact Ana Gadea at 760-873-5123 ext. 2177
- 28. TUE** **TEEN DATING VIOLENCE (Parent Presentation)—Bishop**
*Join Wild Iris for a parent presentation to learn more about the prevalence of teen dating violence in our community, and how to best educate and support your teen. For more info, contact Danielle Rose at 760-873-9222
- 29. WED** **TRIPLE P STEPPING STONES—Bishop**
*A 9 week parenting course for families with a child who has a disability or developmental delay, and the behaviors that may come with it. For more info, contact Karen Harrison at: 760-873-7411 ext. 2624

FOR MORE INFORMATION ABOUT THESE EVENTS, PLEASE VISIT WWW.INYOCOUNTY.US/FIRST5

A COLLABORATION BETWEEN:

