



RESIDENTIAL CAREGIVER

DEFINITION: Under the direction of the Progress House Manager, provides services to and oversight of consumers in a 24-hour residential facility for adults with mental illness or co-occurring mental illness and addiction.

ESSENTIAL JOB DUTIES: Provides direction, supervision, support and encouragement to residents of Progress House, an Adult Residential Facility. Supervises and monitors residents, coordinates care, and maintains Progress House security to ensure the well-being and safety of residential clients at all times and in accordance with applicable laws, regulations, and institutional philosophy; plans, organizes, and supervises a variety of life skills, study, and recreation activities for assigned group of clients; conducts individual and group interventions, consistent with accepted treatment plans and standard operating procedures; may conduct workshops with clients in life skills and recovery techniques as assigned; participates in serving and preparing group meals; distributes supplies, clothing, bedding, and necessary personal hygiene items according to prescribed schedule and as assigned; sets up and assists clients with medications as prescribed by doctors and in accordance with written procedures and as assigned; verifies accuracy of medication and dosage with medical records; observes, records, and provides a variety of information on residential clients' behaviors, attitudes, interests, and skills periodically and upon request; confers with supervisors and/or other authorized parties regarding a variety of problems/issues; takes appropriate and prescribed action in emergency situations as directed and in accordance with relevant policies and training received; performs a variety of housekeeping and custodial functions in support of the Progress House facilities in compliance with hygienic and safety procedures, and implements appropriate measures for infection control to protect residents and staff from communicable diseases; prepares and maintains a variety of written and electronic records and documentation related to the care and custody of clients; inputs data to an electronic call log and health record; prepares reports and completes forms and logs on a regular basis and upon request; attends and participates in staff meetings. Persons in this position may be the first responder to emergency or urgent need for mental health or social services; participates in triaging client as necessary and as trained. Provides general assistance as needed to other team members.

EMPLOYMENT STANDARDS

Education/Experience: High school graduate or equivalent with at least two years of experience performing human service activities in an office, community, or group home setting; OR education beyond high school may be substituted for one year of the

required experience on the basis of one year of full-time education equivalent to one year of experience. Experience working in a care facility for the mentally ill is preferred.

Knowledge of: Basic understanding of the general goals of assigned public/mental health programs; fundamentals of record keeping; appropriate professional interpersonal skills; correct English usage, spelling, grammar, and punctuation; computers and software; some Internet familiarity; basic mathematics; principles and practices of work safety.

Ability to: Establish and maintain positive relationships with coworkers, clients, and others contacted within the course of business; learn and apply guidelines and regulations related to residential caregiving and confidentiality; work with persons infected with communicable disease or who have mental/emotional diagnoses; organize duties and determine priorities in order to meet assigned deadlines; work with various cultural and ethnic groups in a tactful and effective manner; act quickly and calmly in emergency situations; work effectively with interruption; identify situations quickly and objectively and determine proper course of action within prescribed policies and procedures; communicate clearly and concisely, both orally and in writing; meet the physical requirements necessary to perform required duties in a safe and effective manner for self and others. Consistent attendance is an essential function of the position.

Special requirements: Must be able work various day and night shifts, weekends, and/or holiday and relief shifts; must successfully complete pre-employment background check and physical examination. Must have ability to obtain and maintain a first aid certification.

Typical Physical Requirements: Intermittently, sit while typing or preparing records and charts; walk, bend, squat, climb, kneel, or twist while assisting clients, handling supplies/equipment or retrieving/returning files/charts; perform simple and power grasping, pushing, pulling, and fine manipulation; lift light to medium weight. Normal manual dexterity and eye-hand coordination required. Corrected vision to normal range; normal hearing and talking is required for verbal communications. Occasionally run errands. Good memory and recall is necessary for the accurate and timely transfer of data/information.