

How Can I Help From Home?

Coming together in a time of crisis is not new to Inyo County. The current COVID-19 crisis is no different as our communities ask what they can do to help. The “stay at home” orders issued at the state and local levels does not have to limit your desire to help. If you are unable to volunteer in the field, here are some simple, easy ways you can help your community.

Donate to a Local Agency

Many of our local nonprofit agencies are front-line responders during this crisis and financial support helps ensure the provision of services. Find a trusted organization of your choice that is doing the work you would like to do and send them financial support.

Keep In Touch

During this time of social isolation, people get lonely and feel anxiety. Pick up a phone and call your family, friends and neighbors to check in and visit. This is especially important for our seniors, who may need some one to check to make sure everything is okay.

Support First Responders and Essential Workers

Everyday there are people in our community who volunteer or go to work to provide essential services. Doctors, nurses, law enforcement, EMT's, social workers, grocery store clerks, pharmacists, and many others are making sure that essential services are available each and every day. Forwarding a “Thank You” note goes a long way.

Make Masks

Making homemade masks for neighbors and friends provides them with a way to protect others from any infection they may have when they are accessing essential services.

Take Care of Yourself

Making sure that you are following health orders and recommendations helps to reduce the risk of infection. Make sure you are washing your hands regularly, using hand sanitizer, using a mask to protect others, making sure you are keeping 6' between you and others, and staying at home unless conducting essential business.

Remember to Stay Home Stay Healthy