

Eastern Sierra Area Agency on Aging Advisory Council Meeting

Virtual Zoom Meeting

**November 4, 2020
NO MEETING HELD – DUE TO LACK OF QUORUM
INFORMATION ONLY SUMMARY**

Advisory Council Members Present:

Inyo County Supervisor Dan Totheroh, Sandra Lund, Kelli Davis, Patti Hamic-Christensen

Other Attendees:

Keri Oney, Paulette Erwin, Pat Espinosa, Krista Cooper, Rhiannon Bake, Rhonda Duggan, Mono County Supervisor John Peters, and Mono County Supervisor Fred Stump

Staff from Inyo and Mono provided the following information:

A. Keri Oney: Program Report for PSA 16 (Inyo and Mono Counties)

Year-end data was submitted to the State and Inyo County is in the process of validating the data. Keri provided a general overview of data for the PSA. Currently Mono County is delivering approximately 92-100 meals of which approximately 70 are Walker residents with the remaining in the tri-valley area. Inyo County is delivering approximately 220 meals with 88-90 in the greater Bishop area; 110 in the greater Lone Pine area; and approximately 20 in Tecopa and surrounding areas.

B. Patricia Espinosa: Mono County Senior Services Fall Survey

Mono County issued a Senior Services Fall Survey, where home bound seniors were reached out to with a series of questions regarding virtual activities, the Access and Functional Needs Database, the Code Red System, CalFresh and a general check in regarding the pandemic. We performed phone interviews with 30 seniors, 21 in North and South Mono, 9 in the Tri-Valley area and were able to register several seniors with the Access and Functional Needs and Code Red databases and refer others to CalFresh. We discussed whether they were interested in virtual activities and if so, if they had a computer and connectivity, almost half were interested where only a couple of months ago many had zero interest. We have decided to launch a Zoom group starting with “Coffee, Tea, and Me” which will familiarize the participants with Zoom. Many respondents expressed interest in games, crafts, and general socialization. More in depth calls will be placed to individuals who do not have connectivity. Many of the seniors we connected with have adapted and expressed a lot of gratitude for the services being offered.

C. Paulette Erwin

The Ombudsman program was recently able to re-enter the long term care facilities in Inyo County, a visit was made to Bishop Care Center and Sterling Heights, unfortunately Southern Inyo is still in recovery from a recent COVID-19 outbreak. Weekly family check-ins have been occurring throughout the pandemic, however that has been changed as the facilities are now allowing in person visits between family members and residents. These services play an important role for Inyo and Mono County residents so it is important to partner in order to support our seniors to age in place and support these important services. In response to the recent deaths that took place at the Bishop Care Center, the Family Council partnered with Inyo County Behavioral Health and a local therapist

to offer two support group sessions, which were unfortunately not attended, however we were glad to be able offer the support.