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Salt Dough



This recipe is much like Play-Doh®, but can be baked to a permanent finish. Prep: 10 mins

Cook: 2 hrs

Additional: 1 hr

Total: 3 hrs 10 mins

Servings: 4

Yield: 4 cups



Ingredients

2 cups all-purpose flour

1 cup salt

1 cup cold water

Directions

Step 1

Mix flour and salt together in a bowl. Slowly mix water, a few tablespoons at a time, into flour mixture until dough is smooth and easy to handle. Knead dough for 10 minutes and let rest for 20 minutes.

Step 2

Preheat oven to 250 degrees F (120 degrees C).

Step 3

Form dough into desired shapes and arrange on a baking sheet.

Step 4

Bake in the preheated oven until dry and hard, about 2 hours. Allow to cool completely.

Cook's Note:

This recipe can be mixed with food coloring before modelling or painted afterwards.

Nutrition Facts

Per Serving: 228 calories; protein 6.5g; carbohydrates 47.7g; fat 0.6g; cholesterol 0mg; sodium 23354.7mg.