

PROCLAMATION OF THE BOARD OF SUPERVISORS, COUNTY OF INYO, STATE OF CALIFORNIA DECLARING MAY 2022 AS MENTAL HEALTH AWARENESS MONTH



WHEREAS, approximately 44 million adults and 17 million young people experience mental illness annually; and

**WHEREAS,** mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting<sup>i</sup> both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

**WHEREAS,** one out of every twenty people experience serious mental illness, resulting in difficulty functioning in everyday life if left untreated, including homelessness and incarceration, and

**WHEREAS,** every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

*WHEREAS,* recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

**WHEREAS,** working together for mental health we can create a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, access to support and ending the stigma is of paramount importance.

**NOW, THEREFORE, BE IT PROCLAIMED** that the Inyo County Board of Supervisors declares May 2022 as Mental Health Awareness Month in Inyo County to enhance public awareness of mental health and to help end the stigma.

**APPROVED AND ADOPTED** this 3<sup>rd</sup> day of May 2022, by the Inyo County Board of Supervisors.

Dan Totheroh, Chairperson, County of Inyo Board of Supervisors

Attest: LESLIE CHAPMAN Clerk of the Board

By:\_

Assistant Clerk of the Board