

**INYO COUNTY HEALTH AND HUMAN SERVICES  
BEHAVIORAL HEALTH ADVISORY BOARD  
WEDNESDAY, August 10, 2022  
2:30 pm**

**Offered In Person at 1360 North  
Main Street, Ste. 103, Bishop; In  
Person as Satellite location (via  
Zoom) at 310 Jackson Street in  
Lone Pine;  
And virtually via Zoom**

**Minutes**

**Call To Order/Welcome**

The Meeting was called to order at 2:30 pm

**INTRODUCTIONS**

**Membership, In Person:**

Lynn Martin Supervisor Dan Totheroh Michelle Saenz

**Community & Staff Present**

**In Person:** Kimball Pier Sarah Downard

**Virtual:** Lucy Vincent Shelley Scott Rose Colon Peter Charley Loretta James  
Vanessa Ruggio

Participants introduced themselves.

**PUBLIC COMMENT**

*This item is set-aside at each meeting to allow the public to address issues not on the agenda. No action can be taken, but items can be placed on future agendas.*

Loretta James shared that she was attending on behalf of Southern Inyo Hospital's Rural Health Clinic. She informed the group that they have begun a MAT program.

**APPROVAL OF MINUTES**

Request Board approve minutes from July 13, 2022 meeting. Ms. Martin asked for a motion to approve the minutes. Supervisor Totheroh moved to approve, and Michelle Saenz seconded the motion.

**IF UNABLE TO ATTEND, PLEASE CALL THE OFFICE at 872-2590 or 873-6533**

Minutes unanimously approved by vote:  
Supervisor Totheroh – Aye; Ms. Martin – Aye; Ms. Saenz – Aye

### **INFORMATIONAL AND ACTION ITEMS**

1. Director Update – Dr. Pier announced the following contracts to go before the Board of Supervisors in August:
  - California Department of Health Care Services Mental Health Performance Contract
  - County of Nevada Department of Behavioral Health – for telephone triage services
  - Inyo County Office of Education Northstar – for Prevention Early Intervention services (to be presented in August or September)
2. MHSA Three -Year Workplan update on progress – Survey will inform services to be included on the 3-year workplan. There are four components to MHSA funding: community services & supports, prevention and early intervention, technology and innovations.
3. Components of MHSA and proposed programming based on Community Needs Assessments. These surveys have been widely distributed. Dr. Pier asked if whether we could email these surveys to any of the participants of today’s BHAB meeting. A note was made to send surveys to SIH Rural Health Clinic and to our Tecopa office. Dr. Pier mentioned that Wellness Centers in Lone Pine and Bishop, Prevention and Early Intervention, Friendly Visitors program, are several of the programs where community input is being solicited.

Ms. Saenz and Dr. Pier will work together to coordinate adult and adolescent treatment programming and building out services in the jail. A robust discussion about community needs and gaining community input ensued. Furthermore, Dr. Pier will be meeting with NIH to discuss MAT, available community resources, and the process of making referrals between the SUD and MAT programs.

Dr. Pier mentioned that people experiencing crisis tend to feel more comfortable going to family members and friends; therefore, there is a need to provide Peer Support Training. BHAB members and attendees discussed how helpful Mental Health First Aid Training is, and how it can be funded.

4. Acknowledgement of Jane Gillam’s resignation of the position of BHAB Chair. Ms. Gillam was not able to attend this meeting.
5. Need for more investment in BHAB by community partners and consumers for meaningful, solution-focused meetings: Dr. Pier suggested having a focus group based upon engaging community partners. The group discussed ways to increase participation. Ideas discussed to increase participation included holding meetings at Progress House or Wellness Center and adding language to explain why BHAB meetings are held. Ms. Martin made a motion to write an article and include QR codes in the Inyo Register. Ms. Saenz offered to help. Supervisor seconded the

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- motion and motion carried unanimously with three ayes: Supervisor Totheroh – aye, Ms. Saenz – aye, Ms. Martin - aye.
6. Time limit to public comment – limit to 2 or 3 minutes. Dr. Pier suggested the BHAB members might consider limiting public comment to 3 minutes. After some discussion, the group decided that at 2.5 minutes secretary will sound an alarm, signaling the speaker to complete their statement. Supervisor Totheroh moved to accept, Ms. Saenz seconded the motion, motion carried unanimously with three ayes: Supervisor Totheroh – aye, Ms. Saenz – aye, Ms. Martin - aye.
  7. Presentation of meeting participation rules: Dr. Pier explained the participation rules that had been emailed to all BHAB meeting members and participants. Supervisor Totheroh stated that other committees require the public fill out comment forms.
  8. Supervisor Totheroh also mentioned the fact that Board members must complete a Form 700 Statement of Economic Interests.
  9. Discuss the creation of Work Group to
    - address MH Awareness Month Planning: Supervisor Totheroh asked whether there is a group to address MH Awareness Month planning. Dr. Pier will talk to Chrystina Pope about getting several consumers involved, with the support of CalMHSA.
    - discuss components of sound nutrition for our clients: Ms. Martin to contact Vanessa Ruggio of Wellness Center and Gina McKinzey of Progress House about ideas around nutrition and how it relates to recovery and healing.
  10. Action item each month to continue virtual meetings
    - BHAB members: According to AB 361, special meetings would have to be held to adopt a Resolution every 30 days to continue meeting virtually.
    - BHAB attendees – Virtual meeting options may continue to be offered to the public.After discussion, the following action took place:  
Supervisor Totheroh moved to continue to offer zoom for attendees. Ms. Saenz seconded the motion, motion carried unanimously with three ayes: Supervisor Totheroh – aye, Ms. Saenz – aye, Ms. Martin - aye.

### **AGENDA ITEMS FOR FUTURE MEETINGS**

1. MHSA update
2. Quarterly reports will be presented

The meeting adjourned at 3:26 p.m.

Next meeting: Wednesday, September 14, 2022, at 2:30 pm.

Transcribed by:

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