



8-week

Freedom from Smoking

COURSE



09
JAN

THINKING ABOUT QUITTING

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP | 06:00 PM

17
JAN

ON THE ROAD TO FREEDOM

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP; 6:00PM TO 7:30PM | 06:00 PM

23
JAN

WANTING TO QUIT

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP; 6:00PM TO 7:30PM | 06:00 PM

30
JAN

QUIT DAY

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP; 6:00PM TO 7:30PM | 06:00 PM

01
FEB

WINNING STRATEGIES

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP; 6:00PM TO 7:30PM | 06:00 PM

06
FEB

THE NEW YOU

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP; 6:00PM TO 7:30PM | 06:00 PM

13
FEB

STAYING OFF

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP; 6:00PM TO 7:30PM | 06:00 PM

27
FEB

CELEBRATION

INYO COUNTY CONSOLIDATED OFFICE BUILDING 1360 N. MAIN STREET, BISHOP; 6:00PM TO 7:30PM | 06:00 PM



REGISTER NOW



by scanning the QR code or call
760-872-1886

Pre-Registration
Required >

Sponsored by Inyo County Tobacco Education Program