



*Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •*

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## **CHILD ABUSE PREVENTION COUNCIL (CAPC) AGENDA**

**August 30th, 2023, 12pm – 1pm**

**Location: 1360 N. Main St. Bishop, Rm 101**

**1. Call to Order & Roll Call**

**2. Public Comment**      Chance for community members to share any questions or concerns.

**3. Council Appointments**      Welcome to new council members, Anonda Nelson, Chrystina Pope, Holly DeVincent, Griselda Ortiz, Jeff Thomson, Stephanie Tanksley, Suzanne Rizo.

Consider appointing Chair and Vice-Chair for the 2023 calendar year.  
[See Attachment #1 \(ACTION\)](#)

**4. Meeting Schedule**      Considering approving fiscal year 2023-2024 meeting schedule. [See Attachment #2 \(ACTION\)](#)

**5. CAPC Presentation**      Staff will present on Child Abuse Prevention Council. [See Attachment #3 \(DISCUSSION\)](#)

**6. Logo Development**      Staff will present logo development ideas. [See Attachment #4 \(ACTION\)](#)

**7. Council Reports**      Council members may report on local, state, or federal issues relating to children and families. **(DISCUSSION)**

**8. Coordinator Report**      Coordinator will report on programs and activities. [See attachment #5. \(DISCUSSION\)](#)

**Next CAPC Meeting: October 25th, 2023**

*Anyone requesting information on the Inyo County CAPC agenda, OR disability related accommodations, should contact: Micaela Muro, either by telephone 760-873-6453, in writing, First 5 Inyo County, 1360 N. Main St., Bishop, CA, 93514, or by email at [mmuro@inyocounty.us](mailto:mmuro@inyocounty.us).*



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## **ATTACHMENT #1**

CAPC Regular Meeting, August 30 2023

### ITEM 3. Commission Appointments.

Details: Welcome to all seven new CAPC Members, Anonda Nelson, Chrystina Pope, Holly DeVincent, Griselda Ortiz, Jeff Thomson, Stephanie Tanksley, and Suzanne Rizo.

**Anonda Nelson:** *Bishop Paiute Tribe ICWA Specialist*

**Chrystina Pope:** *Licensed Marriage and Family Therapist*

**Griselda Ortiz:** *HHS Equity and Diversity Coordinator*

**Holly DeVincent:** *HHS Child and Adult Welfare Manager*

**Jeff Thompson:** *HHS Probation Manager*

**Stephanie Tanksley:** *HHS Deputy Director Public Health and Prevention*

**Suzanne Rizo:** *Inyo County Superior Court Judge*

Additionally, the Commission will elect a Chair and a Vice Chair to serve in 2023.

Action Requested: Elect a Chair and Vice Chair to serve the 2023 calendar year.
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## **ATTACHMENT #2**

CAPC Regular Meeting, August 30, 2023

### **ITEM 4. Meeting Schedule**

Details: Consider approving fiscal year 2023-2024 Regular meeting schedule. Regular meetings are the last Wednesday in August, October, February, April, and June. Suggest the Membership consider a 5-meeting schedule in 2023-2024, with the knowledge that the Program Coordinator can add a meeting at any time should a business reason arise.

Action Requested: Approve a five-meeting schedule for Fiscal year 2023-2024.
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### **Proposed Meeting Schedule for 23-24**

Annual Schedule of Regular CAPC Meetings		
Month	Date and Time	Topics
August	August 30, 2023 12:00 PM	<ul style="list-style-type: none"><li>• Elect Chair and Vice-Chair</li><li>• Approve 23-24 Meeting Schedule</li></ul>
October	October 25, 2023 12:00 PM	<ul style="list-style-type: none"><li>• Annual Child Abuse Prevention Month Planning</li></ul>
February	February 28, 2024 12:00 PM	<ul style="list-style-type: none"><li>• Elect Chair and Vice-Chair</li><li>• Annual Review of Bylaws</li></ul>
April	April 24, 2024 12:00 PM	<ul style="list-style-type: none"><li>• Annual Child Abuse Prevention Month Activities Report</li></ul>
June	June 26, 2024 12:00 PM	<ul style="list-style-type: none"><li>• Approve 24-25 meeting Schedule</li></ul>



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## **ATTACHMENT #3**

CAPC Regular Meeting, August 30, 2023

### ITEM 5. CAPC Presentation

Details: Staff will present on Child Abuse Prevention bylaws, procedures and CAPC Best Practices.

Action Requested: NONE
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## **ATTACHMENT #4**

CAPC Regular Meeting, August 30, 2023

### **ITEM 6. Logo Development**

Details: Staff will present a request to develop a logo for the Inyo County Child Abuse Prevention Council.

Staff are seeking opinions from the Council in order to develop a Inyo County CAPC Logo. Two options have been laid out:

Option 1: Community Contest – Contest open to the community to design Child Abuse Prevention Logo

Option 2: Internal CAPC Council – CAPC Coordinator works with CAPC Council Members to design Logo.

Action Requested: Approve the CAPC Coordinator to move forward with option 1 or 2.
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## ATTACHMENT #5

CAPC Regular Meeting, August 30, 2023

### ITEM 5. Coordinator Report

Details: Coordinator will report on programs and activities. Items underlined include additional documents following.

- **IPP (Innovative Partners Program)**
- Inyo County Health and Human Services First 5 entered into a Partnership Agreement with Sierra-Sacramento Child Abuse Prevention Council Region Partnerships in July of 2021. This Partnership was formed as a result of a successful grant application to the California Department of Social Services' Office of Child Abuse Prevention (hereinafter referred to as CDSS/OCAP). The Sierra-Sacramento Region's Child Abuse Prevention Councils of Alpine, Amador, Calaveras, El Dorado, Inyo, Mono, Nevada (East), Nevada (West), Placer (West, South), Placer (North), Sacramento, Sierra, Sutter, Tuolumne, Yolo, and Yuba County join CDSS/OCAP in our mutual goal of strengthening the capacity of prevention networks to build resiliency in families and implement prevention practices to reduce child abuse and neglect. The Sierra-Sacramento Regions CAPC's meet on a bi-monthly basis.
- During the July 20<sup>th</sup> meeting the [Statewide CAPC Leadership Gathering invitation](#) was shared. The Statewide Gathering will be held on September 20<sup>th</sup> via ZOOM from 1:00 PM to 3:00 PM. The event is designed to advance networking and peer support for CAPC leaders, Explore CAPC policy priorities, strengths, and current needs, Understand the role of Strategies TA with regard to the CAPC Network along with available supports, and begin to develop a leadership body for the Statewide CAPC Network. Micaela and Katelyne have both signed up to attend.
- The [Economics of Abuse Report](#) was shared during the IPP meeting. Included in the report is a study of Inyo County and the cumulative financial impact based on the 22 verified survivors of maltreatment in 2022 is \$10,400,000.
- Discussions also took place during the Bi-Monthly IPP meeting regarding Child Abuse Prevention Month (CAPM). Information and a [Guide](#) were shared about Yolo County's Be The One Campaign. The Be The One Campaign aims to offer a practical first step in becoming a trauma informed school, organization, or individual. It is based on resilience research, the campaign raises awareness that what we say and do does matter, and everyone plays a role in creating positive, nurturing spaces and places.
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- **CAPC Platforms:**
- To stay informed about all things taking place with the [Inyo County CAPC](#) visit the Inyo County Website. The CAPC agendas and meeting schedule is posted on the website and information is updated monthly.



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- [Team Inyo for Healthy Kids](#) is an addition platform maintained by Inyo County CAPC coordinators. Information about current events, campaigns and happenings taking place throughout Inyo County can be found here.
- 
- **Upcoming Events/Announcements:**
- **First 5** has a wide variety of programs and offerings. All programs can be found at the [First 5 Website](#). First 5 offers, Home Visiting, Parenting Classes, Child Care Provider Coaching, Diaper Depot, Dolly Parton Imagination Library and Ages & Stages Developmental Screenings. For those interested in [Signing up for a Fall class](#), they can call First 5.
- **Inyo County Tobacco Prevention** will be hosting the [Kids Zone](#) at the Tri-County Fair September 2, 2023 from 12:00Pm-4:30PM with fun activities for kids including a diaper derby with Kern Regional Center, musical chairs with First 5, a corn hole tournament with Exception Family Resource Center, nutrition bingo with Northern Inyo Hospital, a disaster relay race with the Inyo County Disaster Relay Race, and a foam party with Altrusa.
- **Exceptional Family Resource Center** is offering [play groups](#) open to Inyo County Kern Regional Early Start 0-3 families and EFC Early Start families 0-3 with parents and children on Wednesday, September 13th from 9:30AM-11:30Am and Wednesday, September 27th, from 1:00Pm-3:00PM. They are also hosting a [support group](#) for parents of children with intellectual or developmental delays on Friday September 29<sup>th</sup>.
- **Kern Regional Center** is hosting two [Story Times](#) on Facebook Live, September 7<sup>th</sup> at 4:00 PM “Strictly No Elephants” by Lisa Mantchev and September 14<sup>th</sup> at 4:00 PM “Stone Soup” by Marcia Brown.
- **Bishop Indian Education Center** will be doing a [San Francisco College Trip](#) September 8th-10th, 2023 and is open to all Native American high school students. Bishop Indian Education Center is also offering [after school tutoring](#) for 1st-12th grades for the 2023-2024 school year at 390 N. Barlow Lane beginning September 5, 2023.
- **Owens Valley Career Development Center TANF** is hosting a [Boys with Braids](#) event October 21, 2023 with Key Note Speaker, Michael Linklater.
- **Bishop Paiute Tribe Family Formation** is offering a [Roller Hockey, Junior Rodeo & 4-H Workshop](#) September 7th, 2023 and September 12th, 2023 from 5:30 P.M. – 6:30 P.M. at the Tribal Chambers and one is mandatory in order to receive assistance from Family Formation.
- **Tuniwa Nobi Family Literacy Program** is offering assistance with GED or Driver License’s through there [Adult Education Program](#) for the month of September. Tuniwa Nobi is also hosting [R.I.C.H. Relationships](#) Afterschool program every Friday in September 3:45 P.M. – 5:15 P.M. and a final Parent and Child Time 9/15/23 5:15 P.M. – 7:15 P.M.
- **Northern Inyo Hospital** birthing classes every other month; the next class will be October 21<sup>st</sup>, 2023.
- **Inyo County Public Health and Prevention** [Community Health Assessment \(CHA\)](#) launched Friday August 18<sup>th</sup>. Individuals who complete the CHA will be eligible to be entered into a raffle for a chance to win a Health/Wellness Prize!

Action Requested: NONE
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## *Statewide Leadership Gathering*

# Statewide Child Abuse Prevention Council Leadership Gathering



Join Strategies TA and Child Abuse Prevention Councils (CAPCs) from across the state for a virtual leadership gathering!

This event is designed to:

## OBJECTIVES:

- Advance networking and peer support for CAPC leaders
- Explore CAPC policy priorities, strengths and current needs
- Understand the role of Strategies TA with regard to the CAPC Network along with available supports
- Begin to develop a leadership body for the Statewide CAPC Network
- Gather ideas for the next CAPC Leadership Gathering!



## JOIN US!

WEDNESDAY, SEPT. 20, 2023

1:00 – 3:30 PM

ZOOM

SCAN QR CODE OR  
CLICK HERE TO REGISTER



For more information, contact: [serenachau@all4kids.org](mailto:serenachau@all4kids.org)



American Sign Language  
(ASL) and Closed  
Captioning will be provided







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## Economics of Abuse Report

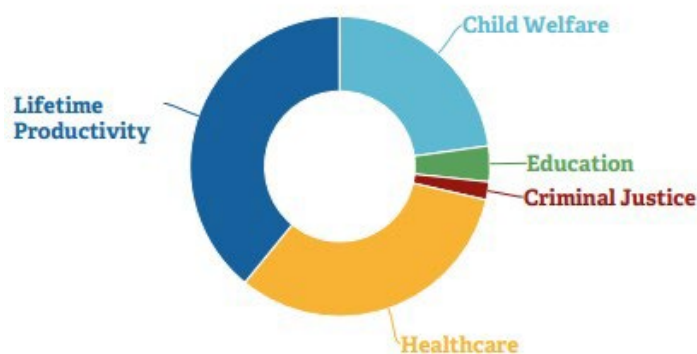
# The Economics of Abuse Report: A Study of Inyo County

Child maltreatment is a persistent problem within Inyo County. Although it is a hidden social ill, its impact is significant. Child maltreatment impacts not just the child, but the family, the community, and society at large. In California, as many as one out of every 23 children is suspected of being maltreated. The impact of maltreatment not only morally degrades our society, it significantly hurts our economy. In fact, the physical, mental, and emotional effects of maltreatment persist long after child maltreatment occurs, and result in ongoing costs to every sector of California.

Child maltreatment is a core underlying factor in many of California's ongoing struggles, such as high rates of school dropout, homelessness, incarceration, and chronic health issues. This report shines a light on this largely ignored issue, with a specific focus in your county, and the negative impact it has on all of us.

## The Financial Impacts of Child Abuse

The cumulative financial impact to Inyo County for the **22** verified survivors of maltreatment in 2022 is **\$10,400,000**. Though these costs are accrued over the course of the victim's life, the community will continue to accrue the same cost each year until we are able to reduce and ultimately end child abuse.



### CHILD WELFARE - \$2,381,755

Victims may require intervention services, foster care, and counseling services.

### EDUCATION - \$399,630

Maltreated children are 77 percent more likely to require special education.

### CRIMINAL JUSTICE - \$204,001

Maltreated children are 59 percent more likely to be arrested as juveniles, and 28 percent more likely to have an adult criminal record.

### HEALTHCARE - \$3,372,760

Victims may require hospital care, mental health services, and other medical services during childhood, and have a higher incidence of physical and mental health issues throughout adulthood.

### LIFETIME PRODUCTIVITY - \$4,079,591

Victims are more likely to be unemployed and rely on public assistance which lead to diminished earning potential.

### FATALITY - \$0

Accounts for the victims' lost wages and healthcare costs.

This report was created in partnership with

**BerkeleyHaas** and  
Haas School of Business  
University of California Berkeley



Strengthening  
Families.  
Ending Child  
Abuse.



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## Protective Factors in Inyo County

### Individual Protective Factors

Communities can support vulnerable children and families by fostering the five protective factors. By helping families to enhance their protective factors, they will be better equipped to combat risk factors (history of abuse, isolation, substance abuse, and others) and prevent incidences of child abuse. Research shows that healthy and safe families share these five commonalities:

#### **SOCIAL & EMOTIONAL COMPETENCE OF CHILDREN**

Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions, and establish and maintain relationships.

#### **KNOWLEDGE OF CHILD DEVELOPMENT**

Understanding parenting strategies that support physical, cognitive, language, social, and emotional development.

#### **PARENTAL RESILIENCE**

Managing stress and functioning well when faced with challenges, adversity, and trauma.

#### **SOCIAL CONNECTIONS**

Positive relationships that provide emotional, informational, and spiritual support.

#### **CONCRETE SUPPORT**

Access to concrete support and services that address a family's needs and help minimize stress caused by life's challenges.

### Community Protective Factors

Strong families and communities whose conditions nurture strong families protect children. Every community has Protective Factors, or characteristics that are linked to lower rates of child maltreatment. Ongoing research from the Center for the Study of Social Policy suggests that the following Community Conditions nurture strong families:

#### **EQUITABLE ACCESS TO ESSENTIAL NEEDS**

This includes policies and programs that support equitable access to economic opportunities, family-friendly employment, health care, housing, high-quality childcare, education, and food security. Economic support and high-quality and affordable childcare are two essential needs that have been shown through research to reduce maltreatment.

#### **SOCIAL SUPPORT AND CONNECTION**

This means an acknowledgement across community members that parenting is hard and all caregivers can benefit from community support. Cohesive neighborhoods and community institutions like schools, churches, community centers, and family resource centers contribute to building these social connections and reducing maltreatment.

#### **SUPPORT FOR BUILDING INDIVIDUAL PROTECTIVE FACTORS**

In addition to the community conditions listed above, it is important that parents and caregivers have access to resources that will help them strengthen their individual protective factors, including parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need, and the social and emotional competence of children.

#### **SOCIAL CONTRACT**

This represents a collective understanding about what support can be provided by institutions, and what support must come from friends, family, and neighbors. Strong communities promote positive social norms about parenting and provide well-functioning response systems to prevent further harm when maltreatment occurs.

#### **RACIAL AND SOCIAL JUSTICE**

This means fostering an anti-racist and equitable social structure. Institutional racism and systemic oppression over generations have prevented many families of color from accessing the other social and economic factors listed here. Initiatives that promote racial equity are critical to promoting Community Protective Factors and mitigating Community Risk Factors.

Thanks to Safe & Sound and UC Berkeley Haas School of Business for this calculation and for generous funding from Blue Shield of California Foundation, California Department of Social Services–Office of Child Abuse Prevention, Casey Family Programs, County Welfare Directors Association of California, S.H. Cowell Foundation, The Golden Door Foundation, The HAND Foundation, Conrad N. Hilton Foundation, and Zellerbach Family Foundation. To learn more, please visit <http://economics.safeandsound.org>



Strengthening  
Families.  
Ending Child  
Abuse.





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## *Be the One Guide*

### **How to use the Be The One Guide**



#### **As a group:**

- 1** Go through the Be the One: Trauma Informed and Transformed PowerPoint
- 2** **Ask each person to read the BTO Guide** (This can be done individually or taking turns as a group.)
- 3** **Ask each person to list examples** of how he/she/they can Be the One at home, at work, in his/her/their neighborhood/community.
- 4** **Pair off and share ideas with another person.** Each person takes a turn sharing his/her/their ideas and listening to the other person.
- 5** **Transform each work example into an action item.** Have each pair create a shared list of action items related to work
- 6** **Complete Worksheet #2** by thinking about the impact you hope to create and the outcomes you want to see.
- 7** **Take turns sharing each pair/small group's ideas with the larger group.**
- 8** **Record ideas on easel paper.**
- 9** **Read the group list aloud and invite the participants to choose their top five Be the One action items.** Give each participant five stickers and ask them to place their stickers on his/her/their favorite action items. Record the items that received the most stickers. The top five ideas are your groups Be the One Action Items.
- 10** **Start, Stop, Continue.** Read the Top 5 BTO List and ask each person to write down (Worksheet #3) what they will start doing to put the ideas into action, what they will stop doing (things that might impede progress), and what they are already doing and plan to continue.
- 11** **As a follow up the meeting,** create a flyer/poster/document with the shared BTO's and send it to the group, post it in common spaces, use it as a matrix to measure progress in becoming trauma informed. Consider revising it annually as your school/organization continues to grow. Expand your circle of BTO influence from work into the community. Celebrate and value progress.



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Dear Parents, Educators, Service Providers, Business and Community Leaders,

**The Be the One campaign offers a practical first step in becoming a trauma informed school, organization, or individual.** Based on resilience research, the campaign raises awareness that what we say and do does matter and EVERYONE plays a role in creating positive, nurturing spaces and places.

Be the One honors the idea that being trauma informed is not a destination but a journey. Trauma can be structural, historic, institutional and individual making it complex. Therefore, finding a starting point on the journey to being trauma informed can be daunting. The Be the One campaign addresses the complexity of trauma with simplicity and offers an inclusive, accessible, and flexible starting point. The campaign is easily tailored to meet the needs of your family/school/organization/community. You and those in your community can create Be the One action items, link them to trauma informed principles, define the outcomes you wish to see and by when and then work toward those goals through daily actions and interactions.

The following link offers instructions on how to use the Be The One campaign to create a training. The link includes a Be the One: Trauma Informed and Transformed PowerPoint, the Be the One Guide, A Be the One activity sheets and a Start, Stop, and Continue template. Directions on how to use these tools to create a staff development training are included under the "Be the One Toolkit" heading.

**Information can be found at: [www.betheoneyolo.org](http://www.betheoneyolo.org)**

**It is our collective responsibility to take a step toward being the one for others and creating healthier more resilient communities for all.**

We wish you well on your path to being trauma informed and transformed. Please email us with updates and questions, ideas, suggestions.

Wishing you all the best,

Resilient Yolo/Be the One  
[info@betheoneyolo.org](mailto:info@betheoneyolo.org)



This campaign is sponsored by Resilient Yolo, an unfunded community initiative devoted to creating a more resilient community in which all can thrive. Learn more: <https://www.acesconnection.com/g/yolo-county-ca-aces>



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## **Be The One Guide Worksheet #1**



### **Part 1**

Write examples of how you can Be the One in each category

**SELF**

**HOME**

**WORK/SCHOOL**

**NEIGHBORHOOD**

**COMMUNITY**

**ONLINE**

### **Part 2**

Link Be the One Action Items with one or more Trauma-Informed Principles. Look at the list of Trauma-Informed Principles and your list of Action Items and match them. Write the initials for the principle that most closely matches your action item. Each action item may have one or more principle linked to it.



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**Six Key Principles of  
Trauma Informed Approach**  
(Source: SAMHSA)



- 1 SAFETY (S)**
- 2 TRUSTWORTHINESS  
& TRANSPARENCY (T&T)**
- 3 PEER SUPPORT (PS)**
- 4 COLLABORATION  
& MUTUALITY (C&M)**
- 5 EMPOWERMENT  
& VOICE AND CHOICE (EV&c)**
- 6 CULTURAL, HISTORICAL  
& GENDER ISSUES (CHGI)**



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**Be The One Guide**  
**Worksheet #2**



List Be the One Actions	Who do you hope to impact with this action?	Why are you trying to create a positive impact?	What outcome(s) do you hope to see? When?



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**Be The One Guide  
Worksheet #3**

**START | STOP | CONTINUE**



**Think about the caring community you want to create and answer the following questions:**

**START**

What actions are you committed to starting?

**STOP**

What actions do you want to stop?

**CONTINUE**

What actions are you already taking to create a caring community and want to continue?

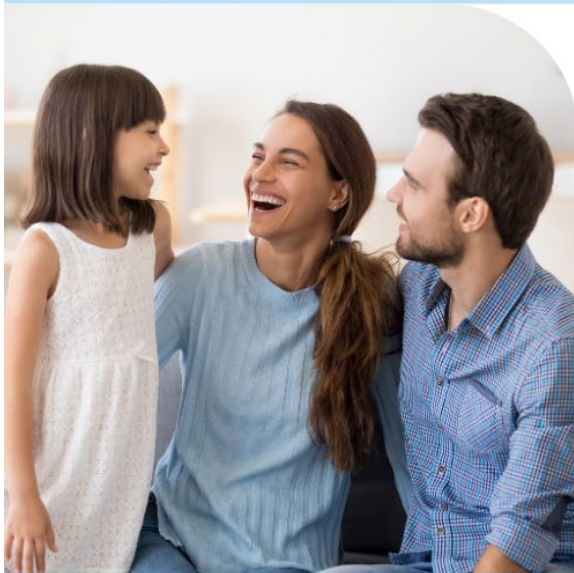




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First 5 – Triple P

Small Changes,  
big differences.



## Group Triple P

Takes the guesswork  
out of parenting

**8-week course -  
5 in person, 3 phone calls**

- Positive Parenting
- Helping Children Develop
- Managing Misbehavior

To register, call: Micaela Muro  
(760) 873-6453





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First 5 - Triple P

Pequeños cambios,  
grandes diferencias.



## Grupo Triple P

Ayuda con las preguntas cerca de  
la crianza de los hijos

**8 Semanas -  
5 en persona y 3 telefónicos**

- Crianza positiva
- Ayudar a los niños a desarrollarse
- Manejo del mal comportamiento

Para inscribirse, llame al:  
Micaela Muro  
(760) 873-6453





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## Kids Zone (English)

**Inyo County Health & Human Services**  
**Sponsored by Inyo County**  
**Tobacco Prevention Program**  
**Saturday, September 2nd, 2023**  
**Tri-County Fair 2023**



# Kids Zone

**12:15pm-  
12:45pm**

### Diaper Derby

Kern Regional Center will be holding a diaper derby for crawling infants! Grab kids under the age of 24 months and decorate their diaper for the diaper derby. Pre-Registration is preferred.

**12:45pm  
-1:15pm**

### Corn Hole Tournament

Exception Family Center will be holding a cornhole tournament! Open to all ages, must have two on a team, first to 11 wins, single elimination.  
Tuniwa Nobl will be providing a book walk! (from 1-3pm)

**1:15pm  
-1:45pm**

### Nutrition Bingo

Northern Inyo will be hosting a nutrition bingo game. Why Nutrition BINGO? It's important to encourage our kids to try as many fresh fruits and vegetables as possible. This game builds a fruit vocabulary and introduces kids to a world of nutritious foods.

**1:45pm  
-2:15pm**

### Musical Chairs

First Five will be hosting musical chairs. We look forward to seeing all the smiling faces during this great classic children's games. You will have to be fast in order to find a seat before the music stops!

**2:15pm  
-2:45pm**

### Disaster Relay Race

Sponsored by Inyo Disaster Program. A relay race is a type of race where members of a team take turns completing parts of a race course. The objective is for each team to score points by running the course with the ball (or baton) while avoiding being tagged out by the opponents.

**4:30pm**

### Foam Party

Altrusa will help wrap up Kids zone with a foam Party! Come have fun surrounded by bubbles!







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Kids Zone (Spanish)

Salud y Servicios Humanos del Condado de Inyo  
Patrocinado por Inyo County  
Programa de Prevención del Tabaquismo  
sábado, 2 de septiembre de 2023  
Tri-County Fair 2023



# Zona Infantil

12:15pm-  
12:45pm

## Desafío Diaper Derby

¡El Centro Regional Kern llevará a cabo un derby de pañales para bebés que gatean! Agarra a los niños menores de 24 meses y decora su pañal para el derby de pañales. Se prefiere la preinscripción.

12:45pm  
-1:15pm

## Torneo de hoyos de maíz y Paseo del libro

El Programa de Tabacco del Condado de Inyo y el Programa de Idiomas de OVCDC celebrarán un torneo de cornhole. Abierto a todas las edades, debe tener dos en un equipo, primero a 11 victorias, eliminación simple. ¡Tuniwa Nobí ofrecerá una caminata de libros! (de 1-3pm)

1:15pm  
-1:45pm

## Bingo de Nutrición

Northern Inyo organizará un juego de bingo de nutrición. ¿Por qué Nutrition BINGO? Es importante animar a nuestros hijos a probar tantas frutas y verduras frescas como sea posible. Este juego construye un vocabulario de frutas e introduce a los niños a un mundo de alimentos nutritivos.

1:45pm  
-2:15pm

## Silla Musical

First Five será el anfitrión de sillas musicales. Esperamos ver todas las caras sonrientes durante este gran juego infantil clásico. ¡Tendrás que ser rápido para encontrar un asiento antes de que la música se detenga!

2:15pm  
-2:45pm

## Carrera de relevos por desastres

Patrocinado por desastre. Una carrera de relevos es un tipo de carrera en la que los miembros de un equipo se turnan para completar partes de un hipódromo. El objetivo es que cada equipo gane puntos corriendo el campo con la pelota (o bastón) evitando ser etiquetado por los oponentes.

4:30pm

## Fiesta de la espuma

¡Altrusa ayudará a cerrar el día de los niños con una fiesta de espuma!  
¡Ven a divertirse rodeado de burbujas!





Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •

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### The Little Play Group



**Exceptional  
Family Center**  
Early Start Resource Center

**THE  
Littles  
PLAY GROUP**



Exceptional Family is opening the doors at our new location!  
Please join our staff for our Early Start Play Group. This is open to our Inyo County Kern Regional Early Start 0-3 families & EFC Early Start families 0-3. Please note parents are to be present at all times for the supervision of their child.

**Play Group Dates**  
**Tuesday August 15th 9:30-11:30**  
**Wednesday September 13th 9:30am-11:30am**  
**Wednesday September 27th 1:00pm-3:00pm**

**163 N. Grandview  
Drive Bishop Ca**

If you would like to attend please call  
Inyo County Early Start Resource  
Specialist /Community Project Navigator  
Marcella Frankson at 760-258-1262





Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
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### Exceptional Family Center – Support Group

**Exceptional Family Center**  
Early Start Resource Center

## PARENT Support Group

Are you a parent of a child recently diagnosed with an Intellectual or Developmental delay?

Finding Support and comfort within our community

- Connect with other parents
- Share our experiences & struggles
- Get help with advice & positive tips
- Know that you are not alone & are in a safe environment

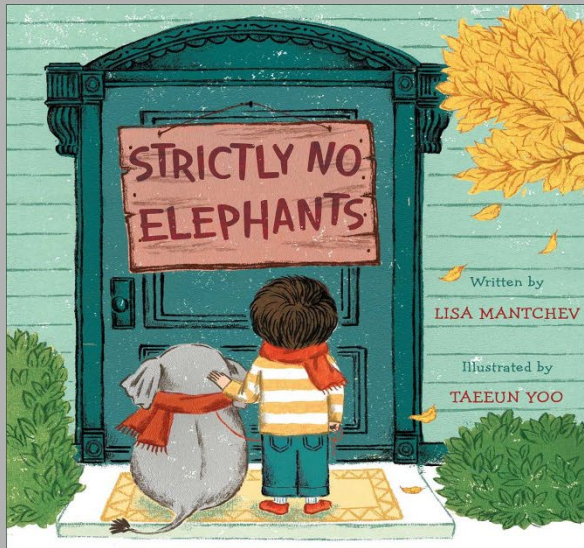
For information please contact Marcella Frankson  
Inyo County Early Start Resource Specialist/  
Community Project Navigator 760-258-1262

FRIDAY SEPTEMBER  
29TH 12PM-1:30PM  
163 N. GRANDVIEW  
DRIVE



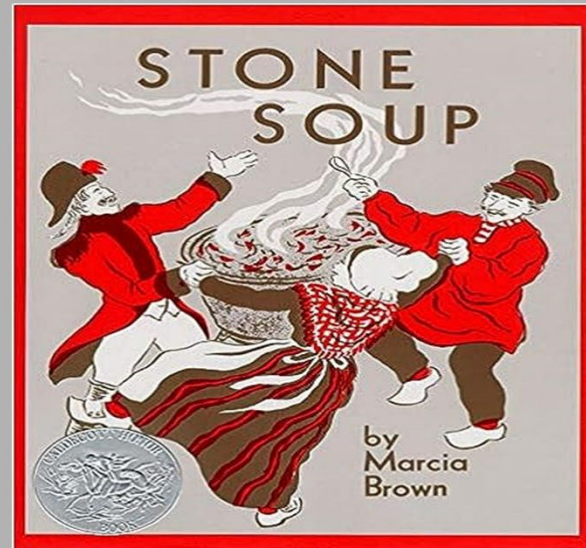
Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
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## KRC Story Time



Join Kern Regional Center, Bishop Branch, in a read  
aloud of the book,  
"Strictly No Elephants"  
By Lisa Mantchev  
Thursday, September 7, 2023  
@ 4:00 p.m.  
Via Facebook Live

[Kern Regional Center - Bishop, Ca | Facebook](#)



Join Kern Regional Center, Bishop Branch, in a read  
aloud of the book,  
"Stone Soup"  
By Marcia Brown  
Thursday, September 14, 2023  
@ 4:00 p.m.  
Via Facebook Live

[Kern Regional Center - Bishop, Ca | Facebook](#)





Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •

OVCDC – Boys with Braids

FF INCREASING CULTURAL AWARENESS THROUGH TRADITIONAL TEACHINGS


# BOYS WITH BRAIDS

OCTOBER 21, 2023

SPEAKERS  
YOUTH & ADULT TRACK  
TRADITIONAL DANCERS  
SINGERS  
COMMUNITY DINNER


OWENS VALLEY

*Save the Date!*



Keynote Speaker:  
**Michael Linklater**  
Founder Boys with Braids

***ALL AGES ARE WELCOME- Male and Female***



Please contact Bishop TANF, Ambrosia Stone for more  
information,  
(760) 873-5107, Ext. 255.





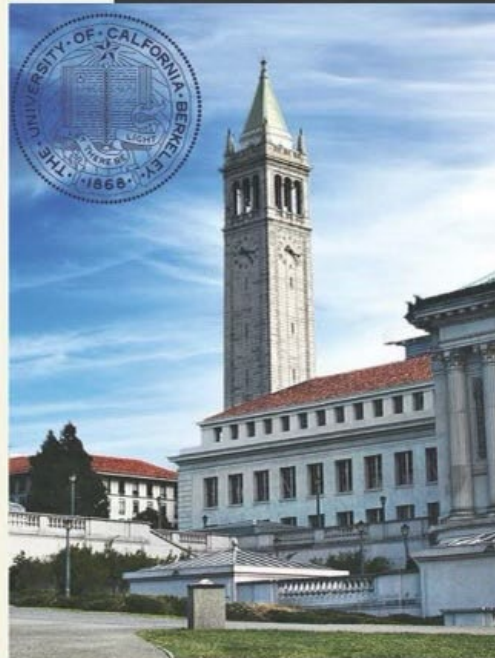
Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •

*Bishop Indian Education Center – San Francisco College Trip*

BISHOP INDIAN EDUCATION CENTER'S

# SAN FRANCISCO COLLEGE TRIP

*Open to all Native American High School Students*



SEPTEMBER 8-10, 2023  
- SAN FRANCISCO, CA -

**Last day to sign-up is  
Friday, August 18, 2023**

\*NOT AFFILIATED WITH BUSD\*  
TAMIA.SHOSHONE@BISHOPPAIUTE.ORG | 760.873.5740



SCAN QR CODE  
TO SIGN-UP!





Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •

*Bishop Indian Education – After School Tutoring*

**BISHOP INDIAN EDUCATION CENTER'S**  
**2023-2024**  
**AFTER SCHOOL TUTORING**  
**FOR**  
**1ST – 12TH GRADES**  
**REGISTRATION BEGINS**  
**14-18 August 2023** **8AM-6PM**  
390 N. Barlow Lane,  
Bishop, CA 93514  
\*\*\*SPACE IS LIMITED\*\*\*  
**TUTORING SERVICES BEGIN SEPTEMBER 5, 2023**  
Services Provided  
✓ Math Support  
✓ Language Arts Support  
✓ Common Core Support  
✓ Spanish Language Support  
✓ College & Career Services  
\*\*\*PAPER & DIGITAL APPLICATIONS  
WILL BE AVAILABLE ON SITE \*\*\*  
NOT AFFILIATED WITH BUSD  
760.873.5740 | 390 N. Barlow Lane, Bishop, CA 93514





Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •

Family Formation Roller Hockey/Junior Rodeo/4-H Workshop

# Roller Hockey, Junior Rodeo & 4-H Workshop

## WHEN & WHERE?

- Workshop will be held at Tribal Chambers
  - Thursday, September 7th
  - Tuesday, September 12th
- Starting at 5:30 P.M. - 6:30 P.M.
- This workshop is mandatory in order to receive assistance from Family Formation

You only need to attend one night of the workshop

You **MUST** Pre-Register by Monday, September 4th by scanning the QR code or by following the link provided.

You **MUST** have a current updated Prevention Application on file and have one Native American in the household to be eligible to participate in this workshop.

<https://familyformation.typeform.com/to/KSO86lbg>



*Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •*

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*Tuniwa Nobi Fall into Learning*

# Fall into Learning

## September Adult Education

**Do you need your GED OR  
Driver License?**

**Tuniwa Nobi can help call  
760/872-2115 today to make  
an appointment.**



Tuniwa Nobi Family Literacy Program  
2574 Diaz Lane  
Bishop, CA 93514





Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •

Tuniwa Nobi R.I.C.H.

Tuniwa Nobi Family Literacy Program

# R.I.C.H. *Relationships*

## 4TH GRADERS-8TH GRADERS

*Orientation 8/25/23*

*12pm-1pm @Tuniwa Nobi*

Parents/caregivers must attend for your child to be eligible for the afterschool program. Ice breaker and program overview.

*Afterschool 9/1, 9/8, 9/15*

*3:45pm-5:15pm (every Friday)*

Students will get to participate in cultural crafts, art projects, interest led discussions, team challenges, STREAM activities, etc.

*Parent & Child time 9/15/23*

*5:15pm-7:15pm @ Tuniwa Nobi*

Parents/caregivers, will come together to have a meal with their child and to participate in some activities, games, discussions or crafts during this time.

**SIGN UP NOW!**



<https://ovcdctanf.typeform.com/to/WQLpj64p>



Tuniwa Nobi Family Literacy Program  
2574 Diaz Lane



760-872-2115





*Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •*

## NIH Child Birth Class



## Childbirth Education Classes by Northern Inyo Healthcare District NOW MEETING VIRTUALLY&IN-PERSON

AVAILABLE TO ALL PREGNANT WOMEN AND THEIR SUPPORT

### Childbirth Education In-Person or Zoom

For more information visit:  
[www.nih.org](http://www.nih.org) > Resources

**Join us!** Created to educate and empower women and their birthing partners. Taught by experienced labor and delivery RNs and Certified Childbirth Educators, you will be expertly guided in your learning. Whether you are expecting your first baby or third, these interactive, lively and informative classes will help you get ready for a memorable birthing experience.

### We will be discussing and practicing the following:

- Relaxation and breathing
- Laboring positions
- Signs of labor and when to come to the hospital
- What to expect for Labor and Delivery
- Cesarean birth
- Recovery and breastfeeding
- Initial newborn care and procedures



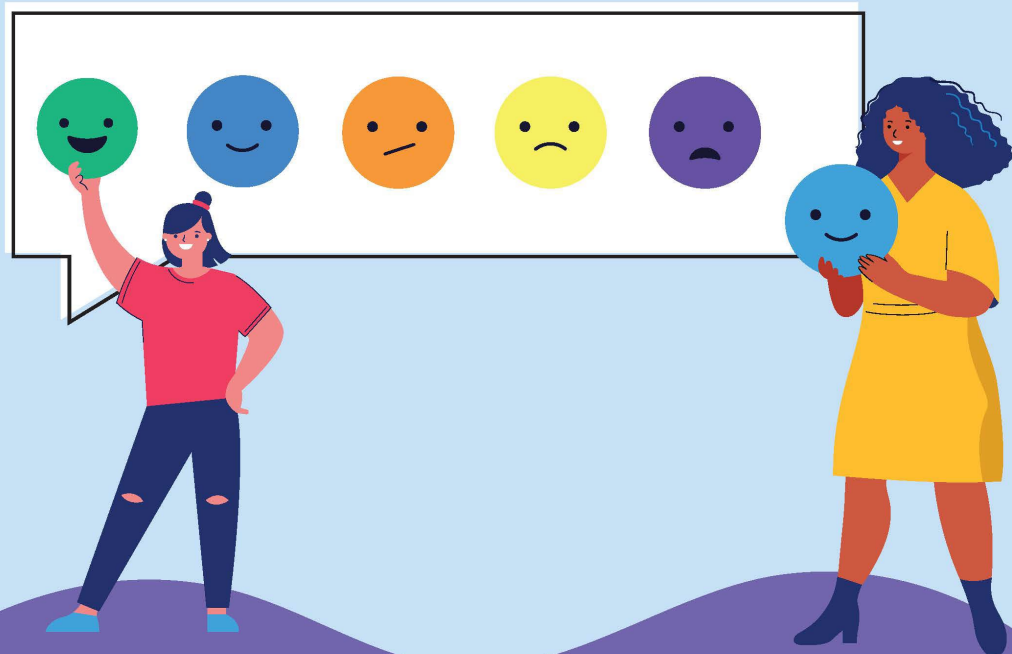
To register, email NIHD Community Education at [communityeducation@nih.org](mailto:communityeducation@nih.org), call District Education at (760) 873-2138, or visit [nih.org](http://nih.org) > Resources > Community Classes



Council Members: Anonda Nelson • Chrystina Pope • Griselda Ortiz • Holly DeVincent •  
Jeff Thompson • Stephanie Tanksley • Suzanne Rizo •

*Inyo County Public Health Community Needs Assessment*

# INYO COUNTY COMMUNITY NEEDS ASSESMENT YOUR OPINION MATTERS!



# SCAN ME



OR CLICK THIS [LINK](#)

PAPER SURVEYS  
AVAILABLE AT  
COMMUNITY  
SENIOR  
CENTERS,  
COUNTY  
CONSOLIDATED  
OFFICE  
BUILDINGS, OR  
MAILED UPON  
REQUEST CALL  
760-873-7868

