

Vision: All children in Inyo County will thrive.

**Mission:** First 5 builds the early childhood systems and supports needed to ensure Inyo County's young children are healthy, safe, and ready to succeed.

# OUR SERVICES

- Triple P Parenting Classes
- Home Visiting
- IMPACT (Family, Friend & Neighbor)
- Ages and Stages Questionnaires
- Diaper Depot
- Imagination Library
- Car Seat Safety Checks
- New Parent Kits















A division of Inyo County Health & Human Services

keep In touch With Us:

(760) 873-6453
1360 N. Main St. Suit 203,
Bishop, CA 93514
first5@inyocounty.us
inyocounty.us/first5



2024 EDITION

## ONLINE SERVICES



#### Ages & Stages Questionnaires

Serves as a FREE parent-completed developmental and social-emotional screening to identify delays as early as



#### Dolly Parton's Imagination Library

Register your child and receive a FREE high quality book each month to all Inyo County children from birth until age 5.



#### Stronger Starts Powered by Cell-Ed

Provides FREE coaching, mentoring, short lessons and tips to encourage positive parenting skills by age & stage.



#### Triple P Positive Parenting Program

Positive ways to take the worry out of parenting. Support your children to cope with challenges. Triple P programs have many simple strategies you can start using right now with classes online.



#### Inyo County Child Abuse Prevention Council

Get involved with the CAPC to help eliminate child abuse and neglect and the adversity it causes by ensuring a safe and nurturing environment for all children.



#### **Inyo County First 5**

Find out more about our local First 5 program and how to get involved here!





### DIAPER DEPOT PROGRAM



HOME VISITING PROGRAM

 1360 N. Main St Bishop, CA 93514 Call: (760) 873-6453

 155 E. Market St. Independence, CA 93526 Call: (760) 878-0237

• 310 N. Jackson St. Lone Pine, CA 93545 Call: (760) 876-5545

· Breastfeeding Support

**Postpartum Support** 

· Free Book At Each Visit!

If you're pregnant or have children under

Personalized Family-Specific Visits **Parent-Child Interactive Activities** 

Child Development Screening

Maternal Mental Health Screening

Community Resources and Networking

the age of 5 this FREE program offers:



## FAMILY, FRIEND AND NEIGHBOR PROGRAM

If you care for a family, friend, or neighbor's child you qualify for:

- Caregiver Support
- In-home Coaching
- **Professional Development**
- **Licensing Assistance**
- FREE Books, Activities & Education Monthly

Contact us at (760) 872-1939

## TRIPLE P POSTIIVE PARENTING PROGRAM

If you have concerns with your child's behavior, get help from our tip sheets and classes on:

- Child Development
- Parenting Support
- Strong Relationships
- Misbehavior Management
- Positive Strategies



Call to sign up at (760) 873-6453

### DROP-IN SERVICES

- Diapers and Wipes
- **New Parent Kits**
- Triple P Positive Parenting Tip Sheets
- Ages & Stages Questionnaires

To connect with a home visitor & get more information please call: (760) 878-8003 or (760) 873-6453



Dolly Parton's Imagination Library Form

Stop by 1360 N. Main Street or Call First 5 at (760) 873-6453 to make an appointment or for more information