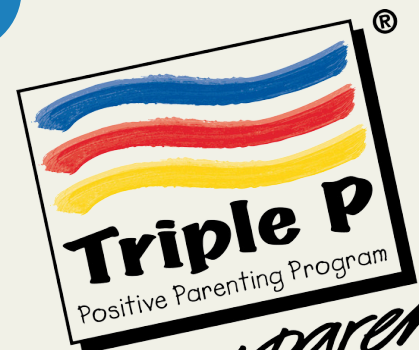


INYO COUNTY FIRST 5 PRESENTS:



TEEN GROUP



for every parent

**CALLING ALL
PARENTS
OF
TEENAGERS!!**

**TUESDAYS 4PM TO 6PM
STARTING MARCH 18TH TO MAY 6TH
1360 N. MAIN ST. BISHOP, CA**

REGISTER HERE



WHAT WE WILL DISCUSS:

- How to ENCOURAGE appropriate behavior in your teen.
- How to take care of yourself as a parent by improving your personal coping skills and reducing parenting stress.
- How to enhance the relationship with your teen.
- How to manage challenging behaviors.
- How to deal with risky behaviors.

\$100 GROCERY STORE GIFTCARD FOR COMPLETING ALL SESSIONS

**VISIT OUR WEBSITE FOR MORE INFORMATION AT INYOCOUNTY.US/FIRST5
OR CALL (760) 873-6453**